

1/03/2017 - Annual General Meeting –Cardigan Guildhall

On the 1st March 2017, to help celebrate St David's Day, we held our second annual 50+ and Living Well event in the Guildhall, Cardigan. It was wonderful to meet those of you who came along and a warm welcome was offered to all.

This year's theme covered financial well-being, as well as online safety, scam awareness and security in the home amongst others. We were delighted to welcome speakers from a variety of organisations and businesses, including Barclays Bank, West Wales Credit Union, Trading Standards, Care and Repair Ceredigion, Citizens Advice Bureau, Ceredigion Association of Voluntary Organisations and Age Cymru. The presentations given were very interesting and it was extremely valuable to hear of all the support and help available in the county.

We are also thankful to those who also attended with information stands, including Mid and West Wales Fire and Rescue Service, Tai Ceredigion, Wales and West Housing Association, Royal Voluntary Service, Shine, National Energy Action, Housing Strategy Ceredigion County Council, British Red Cross, Age Cymru, Leisure Services Ceredigion County Council, Alzheimer's Society. They provided a wealth of valuable information.

Building on this and last year's event in Aberaeron and having listened to your suggestions, these annual events will now take place in different parts of the county in an attempt to help make them more accessible to residents from all parts of Ceredigion. With this in mind, next year's event will be held on the 8th March 2018 at the Morlan in Aberystwyth. If you're interested in attending, please contact us at: Ceredigion50@ceredigion.gov.uk . We look forward to seeing you there, and a warm welcome will be awaiting you.