

## Mature Driver Course

Coming to Ceredigion in the upcoming months is a mature driver course aimed at 65 + drivers. The course is completely free of charge, with refreshments and lunch provided on the day.

We want to keep you mobile, independent, and confident behind the wheel, so why not take advantage of this informal day, benefiting from the expertise of experienced Road Safety professionals and fully qualified Approved Driving Instructors? This is not a driving test; the day is aimed at enhancing current skills and knowledge while introducing ideas such as how to deal with stressful situations and planning for the future with the intention of keeping you driving safer for longer!

In the morning you will be involved in group based discussions which are led by a presentation, following on from lunch there will be an opportunity to drive with an ADI.

You do not need to bring your car to benefit from this session – we provide the wheels.

If you would like to attend the course, please complete the below booking form, and return it in the envelope provided – we will then be in contact and provide you with a date for the course.

The course will be held in either Aberystwyth or Aberaeron.

For further information about the course, please do not hesitate to contact *Kayleigh Tonkins, Road Safety Project Officer*

Telephone: 01545 572 053

Or email [Kayleigh.amanda.tonkins@ceredigion.gov.uk](mailto:Kayleigh.amanda.tonkins@ceredigion.gov.uk)

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### BOOKING FORM – MATURE DRIVER COURSE

Name:.....

Address:.....

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Postcode:.....

Age:.....

Telephone:.....

Email:.....

Driver's Licence No: .....